



Camp Hill Memorial Day Dash

5K Run - 8 a.m., Monday, May 27, 2019

Presented by GFWC Camp Hill Junior Civic Club
 "Camp Hill's Longest Memorial Day Running Tradition"

www.gfwccamphill.org



Race begins at Dickinson Ave., Westbound; Left onto Columbia Ave.; Right onto 31st St.; Right onto Chestnut St.; Right onto 19th St.; Right onto Columbia Ave.; Right onto 21st St.; Left onto Yale Ave.; Left onto Deanhurst; Left onto Dickinson to finish

Rain or Shine!

Our Sponsors:

CORDIER AUCTIONS



L.B. SMITH
 Ford LINCOLN
 1100 MARKET STREET
 LEMOYNE PA 17040



Proceeds to Benefit
 Two \$1,000 Senior High Scholarships
 and other community organizations!

SPECIAL THANKS TO:

Integrity Racing Company (PA Runners) And to the following Contributors:

- Classic Dry Cleaners
- Cornerstone Coffeehouse
- Dairy Queen Grill & Chill
- Domino's West Shore Plaza
- Friendly's Family Restaurant
- Giant Food Stores
- Hampden Cleaners
- Inside Track
- Isaac's Deli West Shore Plaza
- Karns Quality Foods, LTD.
- Lawrence Chevrolet
- Mid-Penn Bank
- Pizza Grille Camp Hill & Lemoyne
- Quality Cleaners, Inc.
- Ritter's True Value
- Roberto's Pizza
- Service 1st Restoration + Remodeling
- Weis Markets

Race Information

Monday, May 27, 2019, 8 a.m. Rain or Shine.

**RACE DAY REGISTRATION: 7:00 to 7:45 a.m. United Methodist Church
 417 South 22nd Street, Camp Hill, PA 17011**

AMENITIES: Splits at 1 and 2 mile marks; Water stations on course; Free post-race refreshments; T-Shirt to all competitors who pre-register with applications postmarked by **May 10th**. **Pre-Register by MAY 10, 2019** to receive registration discount! Applications post-marked after **May 10th** and those registrations the day of the race **will pay \$30 or \$20** respectively and receive **no shirt!** **AWARDS:** Overall, first place male and first place female each win \$100 gift certificates; second place winners each win \$75 gift certificates, third place winners each win \$50 gift certificates. Age groups get \$25 Gift Certificates for Male and Female First Place Winners as follows: 12 and under, 13-19, 20-29, 30-39, 40-49, 50-59 and 60+. Awards and special presentations at registration area immediately following the race.

Registration Form

----- Duplicate Form for Each Runner -----

By signing this registration form, I certify that I am physically fit to participate in the GFWC Camp Hill Junior Civic Club Memorial Day Dash 5K Run, May 27, 2019. I the undersigned waive all claims, for myself, my heir(s) and assigns against GFWC Camp Hill Junior Civic Club, Applied Race Management Solutions, LLC, sponsors, coordinating group(s) and any volunteer(s) associated with the event and will hold them harmless for any and all injuries or illnesses which may result from my participation. I hereby grant my permission to the aforementioned to use my name and or photographs and/or any record of this event without limitation or obligation. I agree to abide by all decisions of the race officials as final. **Individuals under the age of 18 must provide signature of parent/guardian.**

Make checks payable to:
"GFWC Camp Hill Junior Civic Club" Mail
 completed form with registration fee to:
 GFWC Camp Hill Junior Civic Club
 2145 Walnut Street
 Camp Hill PA 17011
www.gfwccamphill.org

Or register online at: www.parunners.com

Name: _____

Signature: _____ Date: ___/___/___

Parent/Guardian: _____

Address: _____

City: _____ State: ___ Zip: _____

Telephone: _____ Age: _____

E-mail: _____

(E-mail address used to contact runner only.)

Circle one: **MALE** **FEMALE**

Before May 10, 2019

Circle Shirt Size: YM YL S M L XL XXL

___ \$25 Registration + T-Shirt

___ \$35 Registration + Performance Shirt

___ \$15 Child (12 & Under) Reg. + T-Shirt

After May 10, 2019 (No Shirts Available)

___ \$30 Adult ___ \$20 Child (12 & Under)

Paid \$ ___ Cash \$ ___ or Check # ___

Race # _____